

Table with columns: Pl, Stno, Name, Cl., Time, and 15 split time columns. It is organized into four courses: Course 1 (7), Course 2 (7), Course 3 (15), and Course 4 (4). Each row lists a participant's name, club, overall time, and 15 split times for different segments of the race.

Pl	Stno	Name	Cl.	Time													
Course 5 (22)					3.8 km 70 m 7 C												
					1(139)	2(116)	3(144)	4(123)	5(143)	6(114)	7(100)	F					
1	402	Scheck, Barbara YOA	W55-6•	42:19	2:44	11:06	15:03	20:04	33:57	37:40	41:52	42:19					
2	81	Owen, Marion FWOC	W55-6•	43:03	1:33	10:10	15:45	23:41	35:55	39:28	42:38	43:03					
3	421	Rennie, Robyn GVOC	W55-6•	45:22	1:23	10:19	16:45	21:56	34:58	41:06	44:53	45:22					
4	433	McKenna, Karen YOA	W55-6•	47:33	1:10	11:22	18:24	24:01	37:27	42:01	47:05	47:33					
5	85	Woods, Joanne GVOC	W55-6•	47:40	1:26	10:02	17:02	23:41	38:04	41:05	47:17	47:40					
6	93	Pearson, Angela EOOC	W55-6•	49:15	1:29	15:58	20:49	28:18	41:04	45:08	48:45	49:15					
7	401	Nixon, Wendy YOA	OpenW	1:00:26	2:01	12:09	22:21	31:34	50:26	55:22	59:54	1:00:26					
8	403	McLean, Bruce YOA	OpenM	1:01:02	1:38	18:50	24:46	31:46	52:21	56:48	1:00:27	1:01:02					
9	390	Anderson, Hilary GVOC	W55-6•	1:01:20	1:30	10:26	15:23	23:29	51:37	56:03	1:00:47	1:01:20					
10	69	Jansson, Ann Alvsby IF	W55-6•	1:01:41	1:26	13:35	21:44	29:47	49:41	55:46	1:01:03	1:01:41					
11	67	van Hees, Violet YOA	W55-6•	1:05:14	1:50	14:23	21:17	29:34	51:49	59:26	1:04:36	1:05:14					
12	404	Pangman, Jill YOA	W55-6•	1:09:53	2:26	16:27	22:14	32:38	56:51	1:04:21	1:09:24	1:09:53					
13	413	Brooks, Craig YOA	OpenM	1:12:19	2:19	17:24	25:12	36:11	59:05	1:05:40	1:11:33	1:12:19					
14	380	Lachance, Karen GVOC	W65-7•	1:14:13	2:33	15:38	25:07	34:57	1:00:07	1:06:23	1:13:29	1:14:13					
15	490	Boyd-Larsson, Ch YOA	W55-6•	1:19:17	4:13	23:48	30:41	41:36	1:08:04	1:13:56	1:18:44	1:19:17					
16	417	Cowling, Anne FWOC	W55-6•	1:23:14	2:33	16:07	24:05	37:59	1:10:35	1:18:09	1:22:41	1:23:14					
17	394	Hogg, Mary-Lou EOOC	W55-6•	1:36:22	1:42	47:06	53:52	1:03:02	1:24:49	1:30:22	1:35:46	1:36:22					
18	398	Behie, Alda FWOC	W65-7•	1:36:59	4:43	25:02	38:49	56:48	1:19:29	1:30:31	1:36:22	1:36:59					
19	368	Kasperski, Kim EOOC	W55-6•	1:39:44	2:44	18:18	24:21	32:29	1:29:08	1:34:02	1:39:05	1:39:44					
20	408	Maddison, Sidney YOA	W55-6•	2:25:39	3:48	32:09	54:49	1:06:15	1:37:52	1:48:02	2:24:55	2:25:39					
	409	Viddal, Einar EOOC	M75-7•	mp	----	12:33	20:13	28:00	45:43	50:10	54:58	55:31					
	406	Donald, Scott KOC	M75-7•	dnf	13:21	1:09:14	1:20:58	1:40:44	----	----	----	2:01:43					
Course 6 (10)					4.2 km 90 m 8 C												
					1(131)	2(124)	3(141)	4(137)	5(132)	6(143)	7(114)	8(100)	F				
1	369	Rowlands, Jane FWOC	W45-5•	47:44	4:51	8:00	14:41	20:10	23:37	39:40	43:49	47:08	47:44				
2	393	Yarkie, Greg EOOC	M65-7•	49:46	3:35	7:06	15:36	22:33	26:06	42:44	45:56	49:22	49:46				
3	389	Winn, Teresa FWOC	W45-5•	54:25	6:01	9:52	20:34	27:50	31:25	46:56	50:37	54:01	54:25				
4	386	Melnik, Lara YOA	W45-5•	1:08:22	7:45	12:16	22:56	30:17	40:22	59:47	1:03:58	1:08:00	1:08:22				
5	92	Collings, Laura GVOC	OpenW	1:11:04	----	4:24	11:47	8:36	8:41	29:48	4:09	3:14	0:25				
6	454	Penner, Dorothy EOOC	OpenW	1:23:44	8:01	14:05	28:44	40:32	47:09	1:12:38	1:18:49	1:23:19	1:23:44				
7	418	Hendrigan, Holly GVOC	W45-5•	1:23:56	7:33	15:44	29:28	51:20	55:35	1:14:34	1:19:22	1:23:26	1:23:56				
8	379	Rance, John GVOC	M65-7•	1:53:57	4:39	8:34	20:46	28:05	1:08:23	1:39:39	1:47:14	1:53:17	1:53:57				
	382	MacKeigan, Linda YOA	W45-5•	mp	7:51	15:02	29:18	37:58	----	1:56:21	2:02:34	2:07:45	2:08:13				
	396	Savard, Gabrielle FWOC	W45-5•	mp	4:02	7:13	17:06	----	21:57	36:37	39:56	42:36	42:59				
Course 7 (20)					6.6 km 75 m 12 C												
					1(120)	2(123)	3(109)	4(107)	5(146)	6(143)	7(145)	8(130)	9(129)	10(140)	11(111)	12(100)	F
1	84	Woods, Stan GVOC	M55-6•	1:03:34	5:51	10:16	16:45	20:35	33:09	47:01	49:04	54:57	56:45	58:02	1:01:31	1:03:15	1:03:34
2	97	Jones, Afan YOA	M55-6•	1:04:22	6:22	10:17	17:44	22:23	33:40	47:56	49:59	55:29	57:15	58:20	1:02:12	1:03:57	1:04:22
3	385	Holcombe, Darren YOA	M45-5•	1:07:47	6:28	10:45	16:31	20:19	30:04	45:13	48:21	53:57	55:47	57:04	1:03:47	1:07:24	1:07:47
4	430	Winn, Jonathan FWOC	M45-5•	1:08:42	6:00	10:33	18:13	22:57	33:14	52:09	53:41	59:07	1:00:53	1:02:09	1:06:20	1:08:20	1:08:42
5	391	Larsson, Svante OK Vargen	M55-6•	1:09:45	7:36	13:37	20:45	24:38	37:41	51:57	54:39	1:00:05	1:02:38	1:03:49	1:07:30	1:09:22	1:09:45
6	99	Forrest, Kimball YOA	M55-6•	1:11:18	6:27	13:57	22:32	26:30	37:26	52:11	54:57	1:01:33	1:04:12	1:05:28	1:09:05	1:10:52	1:11:18

