

## Guidelines for Meet Organizers

### A) Number of Courses:

For Wednesday evening meets the YOA offers four courses to cater to the range of ability of participants. On the smaller and/or more residential maps, an Expert course may not be possible. Other formats such as Mass Start, Score-O or Relays may also be used to cater to multiple skill levels.

#### 1) Novice Course

- should be 1.5 to 2.5 km (takes about 30 minutes; 'strollers' may be longer)
- should be completely on trails without any route choice
- controls should hang on the sides of trails using trail junctions, bends or features immediately beside the trail (i.e. cliff) as control locations
- avoid very detailed areas
- should not be very hilly (if possible)
- textual control descriptions should be given

#### 2) Intermediate Course

- should be 3.0 to 4.0 km (takes about 45 minutes)
- should use features near trails and other large handrails
- only use simple route choices, nothing too complex
- use catching features behind the control (i.e. large obvious feature) and along the route
- should use clear attack points
- avoid placing controls in dense vegetation
- only symbolic control descriptions should be given

#### 3) Advanced Course

- should be 3.5 to 5.0 km (takes about 45-60 minutes)
- can use very detailed parts of the map
- use a variety of types of legs - some long, some short
- should test all orienteering skills
- only symbolic control descriptions should be given

#### 4) Expert Course

- should be 5.0 to 8.0 km (takes 60+ minutes [for an expert orienteer!])
- same as Course 3, but longer
- could be designed as the above course 3, with an extra loop added in
- water should be available on the course
- only symbolic control descriptions should be given

## **B) Simplified Course Setting Procedure:**

- 1) design courses on the map;
- 2) confirm in the terrain that the locations are good (i.e. feature exists and area is well mapped) and the course is fair to participants at that level;
- 3) hang a marked streamer at the control locations;
- 4) have another person ("controller") independently check the locations and confirm they are in the correct location before the controls are hung;

## **C) Course/Map Preparation and Printing:**

See the information about using the CONDES program.

## **D) Hanging Controls (units):**

Have your controller check that the right units have been put in the right location.

## **E) Times of Note**

- Registration: Opens at 6:00
- First Starter can start when ready after that
- Last Start allowed: 7:30 [exceptions at the discretion of the organizer]
- Course closure time: 8:30 [participants must return even if not completed their course]

## **F) Some Considerations:**

- *Water on longer courses* -- if a course is longer than 4.5 km it should have at least one water control.
- *Safety bearing* - ALL control descriptions must include a safety bearing.

## **G) Results:**

It is important that a complete and legible copy of the full results be compiled for the files, newsletter, grant applications and for posting on the web site. In order to have the results published in the papers, the results must be written up the same evening so they can be distributed to the media and the web administrator (Ryan Kelly).

Whitehorse Star: [sports@whitehorsestar.com](mailto:sports@whitehorsestar.com)

Yukon News: [tomp@yukon-news.com](mailto:tomp@yukon-news.com) [= Tom Patrick]

Remember to include a short description of the event, particularly if there was something of note - torrential downpour, orienteer visiting from Russia, etc., and be positive as your comments are sent directly to the media.

## **H) Other Meet Wrap-up Details:**

- Please return all SI equipment to Forest Pearson (704 Jarvis Street).
- Please pass on the other meet equipment to the next Meet Organizer.
- Please return equipment in an organized, well kept fashion.
- If you notice certain supplies are running low on, please buy new stuff and keep the receipt for payment.