

Pl	Stno	Name	Time														
M12 (6)			1.7 km 35 m 13 C														
			1(110)	2(112)	3(108)	4(124)	5(107)	6(113)	7(118)	8(115)	9(104)	10(111)	11(125)	12(109)	13(100)	F	
1	226	Martino, Tyson FWOC	10:40	0:40	1:15	1:54	2:45	3:34	4:32	5:28	6:01	6:50	7:40	9:27	9:51	10:26	10:40
				0:40	0:35	0:39	0:51	0:49	0:58	0:56	0:33	0:49	0:50	1:47	0:24	0:35	0:14
2	159	Mlynczyk, Teodor Ukr OC	11:16	0:39	1:24	2:00	3:06	3:57	4:52	5:53	6:26	7:15	8:00	9:53	10:27	11:02	11:16
				0:39	0:45	0:36	1:06	0:51	0:55	1:01	0:33	0:49	0:45	1:53	0:34	0:35	0:14
3	158	Mlynczyk, Anton Ukr OC	11:40	0:46	1:29	2:24	3:34	4:21	5:19	6:14	6:53	7:42	8:29	10:21	10:50	11:25	11:40
				0:46	0:43	0:55	1:10	0:47	0:58	0:55	0:39	0:49	0:47	1:52	0:29	0:35	0:15
4	116	Svoboda, David FWOC	12:05	0:37	1:20	2:02	2:56	3:47	4:52	6:05	6:47	7:43	8:34	10:39	11:09	11:49	12:05
				0:37	0:43	0:42	0:54	0:51	1:05	1:13	0:42	0:56	0:51	2:05	0:30	0:40	0:16
5	225	Martino, Kyle FWOC	12:38	2:15	2:57	3:50	4:40	5:24	6:23	7:17	7:49	8:37	9:23	11:14	11:48	12:23	12:38
				2:15	0:42	0:53	0:50	0:44	0:59	0:54	0:32	0:48	0:46	1:51	0:34	0:35	0:15
6	265	Heron, Andrew ONB-Fundy	13:29	0:35	1:13	1:54	3:14	4:38	5:30	6:44	7:30	8:27	9:17	12:02	12:32	13:12	13:29
				0:35	0:38	0:41	1:20	1:24	0:52	1:14	0:46	0:57	0:50	2:45	0:30	0:40	0:17
M13-14 (4)			1.7 km 35 m 13 C														
			1(110)	2(112)	3(108)	4(124)	5(107)	6(113)	7(118)	8(115)	9(104)	10(111)	11(125)	12(109)	13(100)	F	
1	140	McLean, Caelan YOA	10:04	0:37	1:08	1:40	3:17	3:50	4:50	5:40	6:13	6:49	7:23	8:54	9:17	9:51	10:04
				0:37	0:31	0:32	1:37	0:33	1:00	0:50	0:33	0:36	0:34	1:31	0:23	0:34	0:13
2	103	Blake, Leif YOA	10:28	0:42	1:17	1:54	2:54	3:42	4:35	5:30	6:01	6:48	7:32	9:14	9:38	10:11	10:28
				0:42	0:35	0:37	1:00	0:48	0:53	0:55	0:31	0:47	0:44	1:42	0:24	0:33	0:17
3	313	Rascher, Terrence GVOC	13:33	0:46	1:26	2:07	3:17	4:05	6:04	7:15	7:57	8:59	10:07	12:07	12:38	13:16	13:33
				0:46	0:40	0:41	1:10	0:48	1:59	1:11	0:42	1:02	1:08	2:00	0:31	0:38	0:17
	115	Svoboda, Michael FWOC	mp	----	----	----	----	----	----	----	11:29	----	----	----	13:47	14:03	1:45
											11:29				2:18	0:16	3:59
																	*103
																	*127
																	*121
																	*122
																	*120
																	*119
M15-16 (3)			2.0 km 35 m 9 C														
			1(105)	2(106)	3(126)	4(102)	5(101)	6(116)	7(109)	8(117)	9(100)					F	
1	164	Kemp, Ian Ottawa OC	20:45	5:41	10:32	11:45	13:10	17:12	18:33	19:28	20:07	20:27	20:45				
				5:41	4:51	1:13	1:25	4:02	1:21	0:55	0:39	0:20	0:18				
2	346	McMillan, Roan GVOC	31:15	15:29	19:39	20:39	24:08	28:41	29:44	30:19	30:44	31:03	31:15				
				15:29	4:10	1:00	3:29	4:33	1:03	0:35	0:25	0:19	0:12				
	219	Nelson, Reid CdeB	mp	38:50	----	----	----	----	----	43:16	43:46	44:04	44:23				
				38:50						4:26	0:30	0:18	0:19				
M17-20 (5)			2.7 km 55 m 12 C														
			1(127)	2(106)	3(126)	4(123)	5(102)	6(101)	7(116)	8(122)	9(120)	10(109)	11(119)	12(100)		F	
1	233	Rennie, Graeme GVOC	13:49	1:03	5:00	5:28	6:30	7:12	9:45	10:18	11:26	11:57	13:05	13:25	13:38	13:49	
				1:03	3:57	0:28	1:02	0:42	2:33	0:33	1:08	0:31	1:08	0:20	0:13	0:11	
2	169	Hawkings, Lee YOA	15:26	1:33	5:33	6:06	7:26	8:14	10:44	11:24	12:39	13:19	14:39	14:59	15:13	15:26	
				1:33	4:00	0:33	1:20	0:48	2:30	0:40	1:15	0:40	1:20	0:20	0:14	0:13	
3	172	Ereaux, Graham ONB Falcon	15:50	1:19	5:47	6:23	7:34	8:20	11:04	11:49	13:05	13:42	14:57	15:20	15:35	15:50	
				1:19	4:28	0:36	1:11	0:46	2:44	0:45	1:16	0:37	1:15	0:23	0:15	0:15	
4	142	Bray, Trevor YOA	17:06	2:04	7:06	7:37	8:53	9:42	12:24	13:05	14:32	15:09	16:21	16:40	16:52	17:06	
				2:04	5:02	0:31	1:16	0:49	2:42	0:41	1:27	0:37	1:12	0:19	0:12	0:14	
5	266	Woods, Adam GVOC	17:36	1:57	8:09	8:37	9:55	10:43	13:08	13:50	15:08	15:40	16:49	17:10	17:22	17:36	
				1:57	6:12	0:28	1:18	0:48	2:25	0:42	1:18	0:32	1:09	0:21	0:12	0:14	
M21-34 (20)			2.7 km 55 m 12 C														
			1(127)	2(106)	3(126)	4(123)	5(102)	6(101)	7(116)	8(122)	9(120)	10(109)	11(119)	12(100)		F	
1	318	Critchley, Will EOOC	13:25	1:14	4:44	5:19	6:20	7:30	9:30	10:04	11:10	11:43	12:43	13:01	13:13	13:25	
				1:14	3:30	0:35	1:01	1:10	2:00	0:34	1:06	0:33	1:00	0:18	0:12	0:12	
2	258	Anderson, Robbie Ottawa OC	13:31	1:18	4:52	5:18	6:21	7:06	9:19	9:55	11:04	11:38	12:47	13:06	13:19	13:31	
				1:18	3:34	0:26	1:03	0:45	2:13	0:36	1:09	0:34	1:09	0:19	0:13	0:12	
3	253	Konotopetz, Damian CdeB	14:08	1:32	5:13	5:44	6:42	7:22	9:48	10:24	11:36	12:07	13:27	13:43	13:55	14:08	
				1:32	3:41	0:31	0:58	0:40	2:26	0:36	1:12	0:31	1:20	0:16	0:12	0:13	
4	131	Saile, Patrick GHO	14:22	1:24	5:21	5:48	6:57	7:42	9:59	10:36	11:51	12:27	13:37	13:57	14:10	14:22	
				1:24	3:57	0:27	1:09	0:45	2:17	0:37	1:15	0:36	1:10	0:20	0:13	0:12	
5	134	Johansson, Magnus GVOC	14:36	1:18	5:08	5:38	6:42	7:25	10:00	10:42	11:58	12:37	13:45	14:08	14:23	14:36	
				1:18	3:50	0:30	1:04	0:43	2:35	0:42	1:16	0:39	1:08	0:23	0:15	0:13	
6	161	Kemp, Eric Ottawa OC	14:48	1:19	5:33	6:06	7:13	7:55	10:33	11:12	12:20	12:51	14:01	14:21	14:35	14:48	
				1:19	4:14	0:33	1:07	0:42	2:38	0:39	1:08	0:31	1:10	0:20	0:14	0:13	

Pl	Stno	Name	Time													
M21-34 (20)				2.7 km 55 m 12 C			<i>(cont.)</i>									
				1(127)	2(106)	3(126)	4(123)	5(102)	6(101)	7(116)	8(122)	9(120)	10(109)	11(119)	12(100)	F
7	246	Janecek, Oldrich Hana O	15:05	1:21	5:21	5:53	7:02	7:51	10:28	11:11	12:23	12:57	14:09	14:36	14:51	15:05
				1:21	4:00	0:32	1:09	0:49	2:37	0:43	1:12	0:34	1:12	0:27	0:15	0:14
8	263	Torrance, Jon Ottawa OC	15:11	1:31	5:56	6:26	7:41	8:27	10:44	11:23	12:35	13:09	14:22	14:42	14:57	15:11
				1:31	4:25	0:30	1:15	0:46	2:17	0:39	1:12	0:34	1:13	0:20	0:15	0:14
9	106	Graupner, Steven CdeB	15:13	1:37	5:57	6:26	7:34	8:18	10:43	11:20	12:39	13:13	14:25	14:46	14:59	15:13
				1:37	4:20	0:29	1:08	0:44	2:25	0:37	1:19	0:34	1:12	0:21	0:13	0:14
10	166	Langbakk, Brent YOA	15:15	1:50	5:32	6:10	7:20	8:03	10:38	11:16	12:30	13:03	14:24	14:46	15:01	15:15
				1:50	3:42	0:38	1:10	0:43	2:35	0:38	1:14	0:33	1:21	0:22	0:15	0:14
11	295	May, Brian Sage	16:00	1:16	5:33	6:03	7:12	8:26	11:06	11:44	13:23	13:56	15:08	15:30	15:44	16:00
				1:16	4:17	0:30	1:09	1:14	2:40	0:38	1:39	0:33	1:12	0:22	0:14	0:16
12	261	Walker, Greg CSU	16:09	1:20	5:47	6:30	7:47	8:38	11:27	12:09	13:26	14:02	15:17	15:39	15:54	16:09
				1:20	4:27	0:43	1:17	0:51	2:49	0:42	1:17	0:36	1:15	0:22	0:15	0:15
13	123	Oeschger, Severin O Kölliken	16:14	1:28	5:35	6:06	7:22	8:08	11:11	11:55	13:26	14:05	15:27	15:47	16:00	16:14
				1:28	4:07	0:31	1:16	0:46	3:03	0:44	1:31	0:39	1:22	0:20	0:13	0:14
13	288	Teutsch, Jeffrey Ottawa OC	16:14	2:22	6:27	7:05	8:34	9:22	11:53	12:31	13:43	14:17	15:24	15:46	16:00	16:14
				2:22	4:05	0:38	1:29	0:48	2:31	0:38	1:12	0:34	1:07	0:22	0:14	0:14
15	305	Moore, Ian ARCT	16:24	1:45	5:58	6:32	7:54	8:48	11:26	12:09	13:30	14:09	15:31	15:55	16:10	16:24
				1:45	4:13	0:34	1:22	0:54	2:38	0:43	1:21	0:39	1:22	0:24	0:15	0:14
16	342	Pearson, Forest YOA	16:32	1:38	5:42	6:44	8:11	9:03	11:34	12:15	13:37	14:26	15:42	16:03	16:19	16:32
				1:38	4:04	1:02	1:27	0:52	2:31	0:41	1:22	0:49	1:16	0:21	0:16	0:13
17	292	Teutsch, Alex Ottawa OC	20:57	1:22	6:30	8:13	9:47	10:46	15:10	15:55	17:41	18:23	20:06	20:29	20:43	20:57
				1:22	5:08	1:43	1:34	0:59	4:24	0:45	1:46	0:42	1:43	0:23	0:14	0:14
18	156	Graupner, Thomas CdeB	22:38	3:31	9:20	10:00	11:30	13:16	16:55	17:42	19:16	19:57	21:39	22:06	22:26	22:38
				3:31	5:49	0:40	1:30	1:46	3:39	0:47	1:34	0:41	1:42	0:27	0:20	0:12
19	317	Barrett, Nathan Detroit GVOG	24:44	6:39	10:39	11:23	12:32	13:32	19:45	20:26	21:48	22:24	23:50	24:15	24:30	24:44
				6:39	4:00	0:44	1:09	1:00	6:13	0:41	1:22	0:36	1:26	0:25	0:15	0:14
20	316	Nipen-Barrie, Troy GVOG	26:19	8:59	14:23	14:53	16:19	17:23	20:35	21:27	23:31	24:11	25:29	25:50	26:06	26:19
				8:59	5:24	0:30	1:26	1:04	3:12	0:52	2:04	0:40	1:18	0:21	0:16	0:13
M35-44 (5)				2.7 km 55 m 12 C												
				1(127)	2(106)	3(126)	4(123)	5(102)	6(101)	7(116)	8(122)	9(120)	10(109)	11(119)	12(100)	F
1	160	Zissos, Adrian FWOC	18:53	1:55	7:02	7:55	9:20	10:21	13:27	14:16	15:53	16:34	18:00	18:24	18:38	18:53
				1:55	5:07	0:53	1:25	1:01	3:06	0:49	1:37	0:41	1:26	0:24	0:14	0:15
2	302	Chung, Raymond TOC	22:55	2:57	9:18	9:56	11:33	12:56	16:36	17:30	19:16	20:01	21:50	22:24	22:41	22:55
				2:57	6:21	0:38	1:37	1:23	3:40	0:54	1:46	0:45	1:49	0:34	0:17	0:14
3	178	Kelly, Ryan YOA	25:56	3:02	9:37	10:41	12:24	14:05	18:36	19:34	21:50	22:48	24:49	25:21	25:39	25:56
				3:02	6:35	1:04	1:43	1:41	4:31	0:58	2:16	0:58	2:01	0:32	0:18	0:17
4	260	Richardson, James Ottawa OC	26:24	1:47	7:45	11:31	13:04	14:21	17:59	19:04	20:50	22:26	25:20	25:46	26:07	26:24
				1:47	5:58	3:46	1:33	1:17	3:38	1:05	1:46	1:36	2:54	0:26	0:21	0:17
5	122	Sigvaldason, Chris EOOC	26:34	2:06	9:52	10:55	13:14	14:25	18:53	19:51	22:07	23:10	25:23	25:53	26:14	26:34
				2:06	7:46	1:03	2:19	1:11	4:28	0:58	2:16	1:03	2:13	0:30	0:21	0:20
M45-54 (18)				2.7 km 55 m 12 C												
				1(127)	2(106)	3(126)	4(123)	5(102)	6(101)	7(116)	8(122)	9(120)	10(109)	11(119)	12(100)	F
1	282	Sacher, Martin Bussola OK	16:50	1:20	5:44	6:23	7:49	8:43	11:24	12:11	13:41	14:25	15:53	16:20	16:35	16:50
				1:20	4:24	0:39	1:26	0:54	2:41	0:47	1:30	0:44	1:28	0:27	0:15	0:15
2	157	Mlynczyk, Eugene Ukr OC	18:18	1:27	6:43	7:24	8:58	9:51	13:00	13:46	15:20	16:01	17:23	17:48	18:05	18:18
				1:27	5:16	0:41	1:34	0:53	3:09	0:46	1:34	0:41	1:22	0:25	0:17	0:13
3	165	Kemp, Randy Ottawa OC	18:39	1:46	6:46	7:31	8:42	9:53	13:10	14:07	15:42	16:19	17:46	18:10	18:24	18:39
				1:46	5:00	0:45	1:11	1:11	3:17	0:57	1:35	0:37	1:27	0:24	0:14	0:15
4	189	Robert, Zdrahal Hana O	19:08	2:16	7:11	7:46	9:00	9:52	12:48	13:37	15:45	16:36	18:04	18:31	18:49	19:08
				2:16	4:55	0:35	1:14	0:52	2:56	0:49	2:08	0:51	1:28	0:27	0:18	0:19
5	293	Larsson, Svante OK Vargen	19:30	2:05	7:04	7:45	9:31	10:25	13:08	14:05	16:22	17:05	18:34	18:58	19:13	19:30
				2:05	4:59	0:41	1:46	0:54	2:43	0:57	2:17	0:43	1:29	0:24	0:15	0:17
6	312	Rascher, Michael GVOG	21:49	2:41	8:09	9:16	10:50	12:37	15:56	16:51	18:27	19:14	20:53	21:18	21:33	21:49
				2:41	5:28	1:07	1:34	1:47	3:19	0:55	1:36	0:47	1:39	0:25	0:15	0:16
7	345	McMillan, Mark GVOG	22:37	2:12	9:29	10:37	12:13	13:13	16:22	17:11	19:23	20:05	21:35	22:03	22:21	22:37
				2:12	7:17	1:08	1:36	1:00	3:09	0:49	2:12	0:42	1:30	0:28	0:18	0:16
8	192	Karel, Krsak Hana O	25:19	1:51	8:41	9:35	11:33	12:55	17:22	18:33	20:40	21:42	23:40	24:23	24:50	25:19
				1:51	6:50	0:54	1:58	1:22	4:27	1:11	2:07	1:02	1:58	0:43	0:27	0:29

Pl	Stno	Name	Time													
M45-54 (18)				2.7 km 55 m 12 C												
				<i>(cont.)</i>												
				1(127)	2(106)	3(126)	4(123)	5(102)	6(101)	7(116)	8(122)	9(120)	10(109)	11(119)	12(100)	F
9	141	Fisher, Gar GVOC	28:27	3:04	10:49	11:46	14:05	15:24	19:40	21:46	24:01	25:05	27:11	27:44	28:08	28:27
				3:04	7:45	0:57	2:19	1:19	4:16	2:06	2:15	1:04	2:06	0:33	0:24	0:19
10	218	Nelson, Vern CdeB	28:51	3:04	11:25	12:10	13:53	18:24	21:24	22:18	25:14	26:00	27:53	28:18	28:36	28:51
				3:04	8:21	0:45	1:43	4:31	3:00	0:54	2:56	0:46	1:53	0:25	0:18	0:15
11	126	Berting, Patrick N/A	30:06	2:56	10:21	12:42	14:50	16:27	21:10	22:25	24:40	25:47	28:40	29:17	29:41	30:06
				2:56	7:25	2:21	2:08	1:37	4:43	1:15	2:15	1:07	2:53	0:37	0:24	0:25
12	264	Heron, Steve ONB-Fundy	31:03	4:14	11:27	13:58	15:58	17:22	22:28	23:26	25:56	27:00	29:55	30:25	30:46	31:03
				4:14	7:13	2:31	2:00	1:24	5:06	0:58	2:30	1:04	2:55	0:30	0:21	0:17
13	245	Gregor, Vladimir Hana O	31:18	4:33	10:29	15:16	17:22	18:55	22:50	23:44	25:58	26:46	30:14	30:46	31:04	31:18
				4:33	5:56	4:47	2:06	1:33	3:55	0:54	2:14	0:48	3:28	0:32	0:18	0:14
14	107	Graupner, Dave CdeB	32:09	5:18	13:08	14:27	16:40	18:20	23:23	24:41	27:10	28:25	30:50	31:30	31:53	32:09
				5:18	7:50	1:19	2:13	1:40	5:03	1:18	2:29	1:15	2:25	0:40	0:23	0:16
15	114	Svoboda, Robert FWOC	34:36	5:23	16:43	17:48	20:01	21:51	26:29	27:42	29:43	30:40	33:07	34:00	34:22	34:36
				5:23	11:20	1:05	2:13	1:50	4:38	1:13	2:01	0:57	2:27	0:53	0:22	0:14
16	228	Williams, Kean Cascade OC	37:38	2:44	17:54	18:50	21:11	22:20	30:19	31:20	33:22	34:15	36:34	37:04	37:21	37:38
				2:44	15:10	0:56	2:21	1:09	7:59	1:01	2:02	0:53	2:19	0:30	0:17	0:17
17	242	Kulich, Jaroslav Hana O	43:43	2:04	15:39	19:29	21:24	22:46	26:30	27:37	31:26	32:03	42:16	42:59	43:24	43:43
				2:04	13:35	3:50	1:55	1:22	3:44	1:07	3:49	0:37	10:13	0:43	0:25	0:19
	300	Brooks, Craig YOA	mp	4:01	13:49	15:12	18:15	20:55	27:09	29:10	32:29	34:17	37:25	----	38:27	39:01
				4:01	9:48	1:23	3:03	2:40	6:14	2:01	3:19	1:48	3:08		1:02	0:34
M55-64 (21)				2.0 km 35 m 10 C												
				1(114)	2(127)	3(121)	4(122)	5(120)	6(123)	7(102)	8(101)	9(119)	10(100)	F		
1	243	Hrouza, Jan Hana O	14:19	0:59	2:14	3:14	7:06	7:50	9:01	9:53	13:16	13:46	14:05	14:19		
				0:59	1:15	1:00	3:52	0:44	1:11	0:52	3:23	0:30	0:19	0:14		
2	190	Tomas, Zdrahal Hana O	14:51	0:53	2:08	2:55	6:22	7:06	8:14	10:57	13:53	14:17	14:35	14:51		
				0:53	1:15	0:47	3:27	0:44	1:08	2:43	2:56	0:24	0:18	0:16		
3	120	Edmunds, Geraint EOOC	15:08	1:04	2:11	3:07	7:07	7:49	9:10	10:22	14:12	14:38	14:54	15:08		
				1:04	1:07	0:56	4:00	0:42	1:21	1:12	3:50	0:26	0:16	0:14		
4	232	Rennie, Bruce GVOC	15:28	1:11	2:38	3:52	7:51	8:53	10:09	11:03	14:30	14:55	15:12	15:28		
				1:11	1:27	1:14	3:59	1:02	1:16	0:54	3:27	0:25	0:17	0:16		
5	217	Gilchrist, Robert EOOC	15:31	1:04	2:31	3:24	7:40	8:35	10:11	11:21	14:31	14:59	15:14	15:31		
				1:04	1:27	0:53	4:16	0:55	1:36	1:10	3:10	0:28	0:15	0:17		
6	162	Strat, Tom QOC	15:42	0:51	1:57	4:21	8:04	8:54	10:14	11:13	14:47	15:09	15:27	15:42		
				0:51	1:06	2:24	3:43	0:50	1:20	0:59	3:34	0:22	0:18	0:15		
7	256	Forrest, Kimball ARCT	15:48	1:12	2:51	3:53	8:00	8:53	10:18	11:25	14:45	15:13	15:31	15:48		
				1:12	1:39	1:02	4:07	0:53	1:25	1:07	3:20	0:28	0:18	0:17		
8	132	Sidders, Ian GHO	16:32	1:26	3:07	4:06	8:46	9:40	10:54	12:02	15:29	15:59	16:17	16:32		
				1:26	1:41	0:59	4:40	0:54	1:14	1:08	3:27	0:30	0:18	0:15		
9	109	Hunter, Gord Ottawa OC	16:50	1:09	2:28	3:27	7:50	8:51	10:11	11:28	15:34	16:08	16:28	16:50		
				1:09	1:19	0:59	4:23	1:01	1:20	1:17	4:06	0:34	0:20	0:22		
10	254	Konotopetz, Larry CdeB	17:24	1:25	3:02	4:02	10:01	10:45	11:57	13:06	16:23	16:53	17:09	17:24		
				1:25	1:37	1:00	5:59	0:44	1:12	1:09	3:17	0:30	0:16	0:15		
11	181	Rance, John GVOC	17:28	1:14	3:01	4:00	8:39	9:28	10:52	11:53	16:21	16:50	17:11	17:28		
				1:14	1:47	0:59	4:39	0:49	1:24	1:01	4:28	0:29	0:21	0:17		
12	285	Bayly, Don FWOC	18:04	1:10	2:37	3:39	7:54	8:50	10:04	11:30	16:55	17:28	17:48	18:04		
				1:10	1:27	1:02	4:15	0:56	1:14	1:26	5:25	0:33	0:20	0:16		
13	146	Webster, Jim KOC	19:04	1:15	3:15	4:35	9:32	10:26	12:20	13:32	17:48	18:25	18:48	19:04		
				1:15	2:00	1:20	4:57	0:54	1:54	1:12	4:16	0:37	0:23	0:16		
14	177	Goeres, Michael CdeB	21:00	1:49	3:45	4:54	10:05	11:08	13:32	14:53	19:48	20:21	20:41	21:00		
				1:49	1:56	1:09	5:11	1:03	2:24	1:21	4:55	0:33	0:20	0:19		
15	151	Breseman, Rick Cascade OC	21:01	1:19	2:34	3:54	13:08	13:49	14:59	16:16	20:05	20:30	20:45	21:01		
				1:19	1:15	1:20	9:14	0:41	1:10	1:17	3:49	0:25	0:15	0:16		
16	311	Hawkings, Jim YOA	21:56	1:46	3:06	8:39	13:20	14:11	15:41	16:50	20:42	21:18	21:38	21:56		
				1:46	1:20	5:33	4:41	0:51	1:30	1:09	3:52	0:36	0:20	0:18		
17	291	Teutsch, Eric Ottawa OC	22:31	1:07	5:08	6:32	12:55	13:52	15:34	17:16	21:11	21:54	22:15	22:31		
				1:07	4:01	1:24	6:23	0:57	1:42	1:42	3:55	0:43	0:21	0:16		
18	191	Roman, Jelinek Hana O	23:18	1:17	3:20	4:40	11:09	12:23	14:40	16:05	21:36	22:26	22:58	23:18		
				1:17	2:03	1:20	6:29	1:14	2:17	1:25	5:31	0:50	0:32	0:20		
19	148	Rogers, David USOF	28:46	1:37	3:36	5:07	10:56	11:53	18:39	21:26	27:28	28:03	28:25	28:46		
				1:37	1:59	1:31	5:49	0:57	6:46	2:47	6:02	0:35	0:22	0:21		

Pl	Stno	Name	Time														
M55-64 (21)				2.0 km 35 m 10 C			<i>(cont.)</i>										
				1(114)	2(127)	3(121)	4(122)	5(120)	6(123)	7(102)	8(101)	9(119)	10(100)	F			
20	240	Merriam, Don FWOC	29:21	1:47	3:40	12:59	17:46	18:49	21:18	22:53	28:23	28:46	29:03	29:21			
				1:47	1:53	9:19	4:47	1:03	2:29	1:35	5:30	0:23	0:17	0:18			
21	180	Connors, Patrick CdeB	29:31	1:50	7:43	9:14	15:57	17:21	19:19	21:18	27:40	28:30	28:59	29:31			
				1:50	5:53	1:31	6:43	1:24	1:58	1:59	6:22	0:50	0:29	0:32			
M65-74 (8)				2.0 km 35 m 10 C													
				1(114)	2(127)	3(121)	4(122)	5(120)	6(123)	7(102)	8(101)	9(119)	10(100)	F			
1	257	Anderson, Bill Ottawa OC	17:49	1:17	2:51	3:58	8:41	9:39	11:18	12:26	16:27	17:00	17:26	17:49			
				1:17	1:34	1:07	4:43	0:58	1:39	1:08	4:01	0:33	0:26	0:23			
2	110	Guttormson, Richard Ottawa OC	18:00	1:06	2:39	3:48	8:17	9:08	10:53	12:20	16:47	17:23	17:42	18:00			
				1:06	1:33	1:09	4:29	0:51	1:45	1:27	4:27	0:36	0:19	0:18			
3	125	Yarkie, Greg EOOC	18:22	1:01	2:30	4:43	10:08	10:55	12:37	13:43	17:16	17:46	18:07	18:22			
				1:01	1:29	2:13	5:25	0:47	1:42	1:06	3:33	0:30	0:21	0:15			
4	354	Viddal, Einar EOOC	19:24	1:20	2:59	4:27	9:20	10:19	12:11	13:36	18:07	18:50	19:07	19:24			
				1:20	1:39	1:28	4:53	0:59	1:52	1:25	4:31	0:43	0:17	0:17			
5	187	Davies, John Peninsula	22:05	2:57	4:27	5:45	11:06	12:08	14:04	15:58	20:48	21:21	21:45	22:05			
				2:57	1:30	1:18	5:21	1:02	1:56	1:54	4:50	0:33	0:24	0:20			
6	203	McBee, Rick CROC	24:36	2:42	4:30	5:41	14:24	15:38	17:16	18:29	23:24	23:58	24:19	24:36			
				2:42	1:48	1:11	8:43	1:14	1:38	1:13	4:55	0:34	0:21	0:17			
7	147	Veler, Fred SAMM	26:43	2:08	4:27	6:00	13:04	14:24	16:50	18:38	24:36	25:28	26:07	26:43			
				2:08	2:19	1:33	7:04	1:20	2:26	1:48	5:58	0:52	0:39	0:36			
	251	Vyse, Alan Sage	mp	1:14	2:45	3:52	8:43	9:35	10:58	12:04	15:28	-----	15:47	16:05			
				1:14	1:31	1:07	4:51	0:52	1:23	1:06	3:24		0:19	0:18			
M75-79 (2)				1.5 km 35 m 8 C													
				1(103)	2(127)	3(121)	4(122)	5(120)	6(115)	7(119)	8(100)		F				
1	249	Kerr, Alex GVOOC	17:33	1:41	3:58	5:16	11:39	12:45	14:12	16:49	17:12	17:33					
				1:41	2:17	1:18	6:23	1:06	1:27	2:37	0:23	0:21					
2	118	Bailey, Leigh VICO	19:13	1:33	3:46	7:38	13:50	14:49	15:52	18:36	18:54	19:13					
				1:33	2:13	3:52	6:12	0:59	1:03	2:44	0:18	0:19					
M80 (1)				1.5 km 35 m 8 C													
				1(103)	2(127)	3(121)	4(122)	5(120)	6(115)	7(119)	8(100)		F				
1	283	Scott, Don EOOC	42:31	4:13	12:42	15:52	28:07	30:38	33:50	40:37	41:30	42:31					
				4:13	8:29	3:10	12:15	2:31	3:12	6:47	0:53	1:01					
W12 (3)				1.7 km 35 m 13 C													
				1(110)	2(112)	3(108)	4(124)	5(107)	6(113)	7(118)	8(115)	9(104)	10(111)	11(125)	12(109)	13(100)	F
1	296	May, Rachel Sage	12:20	0:38	1:19	2:06	2:58	3:54	4:48	5:55	6:37	7:28	8:19	10:54	11:28	12:04	12:20
				0:38	0:41	0:47	0:52	0:56	0:54	1:07	0:42	0:51	0:51	2:35	0:34	0:36	0:16
2	344	Shier, Hannah YOA	13:42	0:45	1:23	2:19	3:34	4:43	5:39	8:28	9:15	9:56	10:42	12:25	12:53	13:28	13:42
				0:45	0:38	0:56	1:15	1:09	0:56	2:49	0:47	0:41	0:46	1:43	0:28	0:35	0:14
3	347	McMillan, Tara GVOOC	18:10	0:46	1:27	2:48	8:59	9:51	11:00	12:04	12:50	13:46	14:28	16:09	17:06	17:53	18:10
				0:46	0:41	1:21	6:11	0:52	1:09	1:04	0:46	0:56	0:42	1:41	0:57	0:47	0:17
W13-14 (2)				1.7 km 35 m 13 C													
				1(110)	2(112)	3(108)	4(124)	5(107)	6(113)	7(118)	8(115)	9(104)	10(111)	11(125)	12(109)	13(100)	F
1	215	Sepandj, Darya FWOC	9:29	0:41	1:12	1:46	2:33	3:11	3:53	4:41	5:13	5:52	6:28	8:10	8:34	9:14	9:29
				0:41	0:31	0:34	0:47	0:38	0:42	0:48	0:32	0:39	0:36	1:42	0:24	0:40	0:15
2	179	Stephen, Alix FWOC	12:42	0:37	1:09	2:02	3:05	3:50	5:03	7:01	7:45	8:42	9:21	11:23	11:49	12:26	12:42
				0:37	0:32	0:53	1:03	0:45	1:13	1:58	0:44	0:57	0:39	2:02	0:26	0:37	0:16
W15-16 (3)				2.0 km 35 m 9 C													
				1(105)	2(106)	3(126)	4(102)	5(101)	6(116)	7(109)	8(117)	9(100)		F			
1	104	Blake, Pia YOA	17:44	3:55	8:21	9:59	11:16	15:04	16:00	16:49	17:12	17:30	17:44				
				3:55	4:26	1:38	1:17	3:48	0:56	0:49	0:23	0:18	0:14				

Pl	Stno	Name	Time											
W15-16 (3)			2.0 km		35 m		9 C							
			<i>(cont.)</i>											
			1(105)	2(106)	3(126)	4(102)	5(101)	6(116)	7(109)	8(117)	9(100)	F		
2	207	Waddington, Emma GHO	18:45	4:17	8:33	9:45	11:19	15:24	16:28	17:41	18:15	18:31	18:45	
				4:17	4:16	1:12	1:34	4:05	1:04	1:13	0:34	0:16	0:14	
	269	Woods, Marissa GVOC	mp	-----	-----	-----	-----	-----	-----	34:47	35:31	36:13	37:07	
										34:47	0:44	0:42	0:54	
W17-20 (7)			2.0 km		35 m		9 C							
			1(105)	2(106)	3(126)	4(102)	5(101)	6(116)	7(109)	8(117)	9(100)	F		
1	139	Burnett, Kerstin YOA	14:52	3:21	7:04	7:49	9:09	12:27	13:16	13:55	14:17	14:35	14:52	
				3:21	3:43	0:45	1:20	3:18	0:49	0:39	0:22	0:18	0:17	
2	198	Ross, Emily ONB Falcon	15:58	3:40	7:44	8:32	9:34	13:30	14:23	15:04	15:25	15:44	15:58	
				3:40	4:04	0:48	1:02	3:56	0:53	0:41	0:21	0:19	0:14	
3	290	Teutsch, Laura Ottawa OC	16:36	4:45	8:32	9:19	10:19	13:58	14:58	15:41	16:01	16:19	16:36	
				4:45	3:47	0:47	1:00	3:39	1:00	0:43	0:20	0:18	0:17	
4	167	Murray, Kendra YOA	16:39	3:15	6:54	7:33	11:22	14:25	15:12	15:47	16:10	16:24	16:39	
				3:15	3:39	0:39	3:49	3:03	0:47	0:35	0:23	0:14	0:15	
5	206	Mackeigan, Jennifer YOA	17:46	4:02	8:36	9:31	10:44	14:59	15:54	16:49	17:13	17:30	17:46	
				4:02	4:34	0:55	1:13	4:15	0:55	0:55	0:24	0:17	0:16	
6	248	Krsakova, Marie Hana O	22:20	5:45	10:33	11:23	14:54	19:08	20:14	21:11	21:41	22:03	22:20	
				5:45	4:48	0:50	3:31	4:14	1:06	0:57	0:30	0:22	0:17	
	281	Sacher, Olivia Bussola OK	mp	6:27	12:23	14:11	15:42	-----	20:32	21:35	22:20	22:53	23:10	
				6:27	5:56	1:48	1:31		4:50	1:03	0:45	0:33	0:17	
W21-34 (7)			2.0 km		35 m		9 C							
			1(105)	2(106)	3(126)	4(102)	5(101)	6(116)	7(109)	8(117)	9(100)	F		
1	227	Oram, Louise GVOC	12:47	3:08	6:25	7:06	7:54	10:51	11:29	12:01	12:18	12:34	12:47	
				3:08	3:17	0:41	0:48	2:57	0:38	0:32	0:17	0:16	0:13	
2	319	Critchley, Claire EOOC	13:02	3:21	6:30	7:10	8:12	10:46	11:31	12:09	12:32	12:47	13:02	
				3:21	3:09	0:40	1:02	2:34	0:45	0:38	0:23	0:15	0:15	
3	185	Scheck, Katherine YOA	14:00	3:01	6:14	6:57	8:59	11:49	12:33	13:10	13:28	13:44	14:00	
				3:01	3:13	0:43	2:02	2:50	0:44	0:37	0:18	0:16	0:16	
4	200	Ross, Carol ONB	14:14	3:54	7:11	7:54	8:44	12:07	12:52	13:28	13:43	14:00	14:14	
				3:54	3:17	0:43	0:50	3:23	0:45	0:36	0:15	0:17	0:14	
5	133	Balakova, Andrea GVOC	14:39	3:22	7:10	7:56	9:00	12:13	13:01	13:42	14:01	14:21	14:39	
				3:22	3:48	0:46	1:04	3:13	0:48	0:41	0:19	0:20	0:18	
6	124	Joggi, Marianne O Kölliken	18:27	5:16	8:52	10:15	11:22	14:45	16:56	17:34	17:55	18:11	18:27	
				5:16	3:36	1:23	1:07	3:23	2:11	0:38	0:21	0:16	0:16	
7	199	Rance, Meghan GVOC	21:02	5:04	9:21	10:20	11:51	15:24	16:28	19:55	20:22	20:44	21:02	
				5:04	4:17	0:59	1:31	3:33	1:04	3:27	0:27	0:22	0:18	
W35-44 (3)			2.0 km		35 m		9 C							
			1(105)	2(106)	3(126)	4(102)	5(101)	6(116)	7(109)	8(117)	9(100)	F		
1	304	Jolliff, Jennifer ARCT	17:50	4:12	8:16	9:05	10:18	14:58	15:57	16:44	17:15	17:35	17:50	
				4:12	4:04	0:49	1:13	4:40	0:59	0:47	0:31	0:20	0:15	
2	294	May, Abbigail Sage	21:51	3:44	8:49	10:23	15:43	19:18	20:07	20:56	21:21	21:37	21:51	
				3:44	5:05	1:34	5:20	3:35	0:49	0:49	0:25	0:16	0:14	
3	236	MacNaughton, Charlot FWOC	23:25	4:23	10:15	11:28	17:16	20:41	21:35	22:21	22:45	23:05	23:25	
				4:23	5:52	1:13	5:48	3:25	0:54	0:46	0:24	0:20	0:20	
W45-54 (13)			2.0 km		35 m		10 C							
			1(114)	2(127)	3(121)	4(122)	5(120)	6(123)	7(102)	8(101)	9(119)	10(100)	F	
1	214	Robert, Magali FWOC	15:46	1:01	2:21	3:28	7:07	7:53	9:11	11:17	14:37	15:09	15:27	15:46
				1:01	1:20	1:07	3:39	0:46	1:18	2:06	3:20	0:32	0:18	0:19
2	197	Rowlands, Jane FWOC	15:50	1:00	2:14	3:10	7:23	8:13	9:42	10:45	14:42	15:14	15:32	15:50
				1:00	1:14	0:56	4:13	0:50	1:29	1:03	3:57	0:32	0:18	0:18
3	184	Owen, Marion FWOC	16:58	1:08	2:43	5:27	9:15	10:03	11:47	12:52	15:55	16:24	16:41	16:58
				1:08	1:35	2:44	3:48	0:48	1:44	1:05	3:03	0:29	0:17	0:17
4	216	Pearson, Angela EOOC	17:32	1:17	2:53	4:14	8:39	9:40	11:20	12:31	16:20	16:55	17:16	17:32
				1:17	1:36	1:21	4:25	1:01	1:40	1:11	3:49	0:35	0:21	0:16

Pl	Stno	Name	Time											F
W45-54 (13)				2.0 km 35 m 10 C			<i>(cont.)</i>							
				1(114)	2(127)	3(121)	4(122)	5(120)	6(123)	7(102)	8(101)	9(119)	10(100)	
5	289	Teutsch, Anne Ottawa OC	17:55	1:19 1:19	3:05 1:46	4:17 1:12	8:47 4:30	9:44 0:57	11:12 1:28	12:21 1:09	16:38 4:17	17:11 0:33	17:35 0:24	17:55 0:20
6	224	Martino, Karen FWOC	19:53	1:08 1:08	3:41 2:33	7:01 3:20	11:25 4:24	12:17 0:52	13:39 1:22	15:27 1:48	18:54 3:27	19:20 0:26	19:38 0:18	19:53 0:15
7	105	Schweiger, Sabine YOA	20:17	1:15 1:15	3:43 2:28	4:50 1:07	9:26 4:36	10:38 1:12	12:37 1:59	14:54 2:17	19:05 4:11	19:37 0:32	19:57 0:20	20:17 0:20
8	193	Regina, Jezkova Hana O	20:31	1:12 1:12	2:58 1:46	4:03 1:05	10:20 6:17	11:17 0:57	13:01 1:44	14:13 1:12	19:10 4:57	19:48 0:38	20:12 0:24	20:31 0:19
9	244	Hrouzova, Jirina Hana O	21:57	2:09 2:09	4:05 1:56	6:13 2:08	11:10 4:57	12:14 1:04	13:38 1:24	15:26 1:48	20:34 5:08	21:11 0:37	21:35 0:24	21:57 0:22
10	150	Breseman, Eileen Cascade OC	22:16	1:32 1:32	2:59 1:27	5:08 2:09	10:00 4:52	11:00 1:00	12:21 1:21	16:44 4:23	20:51 4:07	21:28 0:37	21:53 0:25	22:16 0:23
11	144	Pepper, Shelagh STARS	24:19	1:34 1:34	3:34 2:00	6:14 2:40	13:00 6:46	14:10 1:10	15:47 1:37	17:26 1:39	23:06 5:40	23:38 0:32	24:01 0:23	24:19 0:18
12	321	Mackeigan, Linda YOA	31:38	2:41 2:41	5:23 2:42	7:14 1:51	14:46 7:32	16:03 1:17	19:54 3:51	22:07 2:13	29:52 7:45	30:41 0:49	31:18 0:37	31:38 0:20
13	113	Svoboda, Lenka FWOC	33:24	8:52 8:52	11:08 2:16	12:31 1:23	17:55 5:24	19:07 1:12	20:59 1:52	22:40 1:41	32:02 9:22	32:40 0:38	33:04 0:24	33:24 0:20

15:13
*126

W55-64 (11)				1.5 km 35 m 8 C								F
				1(103)	2(127)	3(121)	4(122)	5(120)	6(115)	7(119)	8(100)	
1	112	Gamey, Muriel Manitoba	14:04	2:09 2:09	3:58 1:49	4:52 0:54	9:07 4:15	9:57 0:50	11:12 1:15	13:31 2:19	13:47 0:16	14:04 0:17
2	168	Mckenna, Karen YOA	15:34	2:49 2:49	4:58 2:09	6:13 1:15	10:45 4:32	11:44 0:59	12:43 0:59	14:59 2:16	15:17 0:18	15:34 0:17
3	327	Brown, Ellyn ARCT	15:36	1:37 1:37	4:10 2:33	7:03 2:53	10:58 3:55	11:40 0:42	12:40 1:00	15:02 2:22	15:19 0:17	15:36 0:17
4	183	Jones, Kitty FWOC	15:50	1:47 1:47	4:11 2:24	6:11 2:00	10:47 4:36	11:45 0:58	12:59 1:14	15:10 2:11	15:30 0:20	15:50 0:20
5	284	Hogg, Mary-Lou EOOC	17:00	1:46 1:46	4:22 2:36	5:43 1:21	11:04 5:21	12:16 1:12	13:36 1:20	16:15 2:39	16:36 0:21	17:00 0:24
6	205	Anderson, Hilary GVOC	17:22	2:01 2:01	4:32 2:31	5:59 1:27	11:58 5:59	12:59 1:01	14:05 1:06	16:50 2:45	17:07 0:17	17:22 0:15
7	275	Hearn, Penny Sunshine C	17:57	3:35 3:35	6:16 2:41	7:21 1:05	12:27 5:06	13:26 0:59	14:47 1:21	17:15 2:28	17:40 0:25	17:57 0:17
8	315	Cornish, Judy EOOC	18:55	1:56 1:56	4:21 2:25	6:47 2:26	12:58 6:11	14:02 1:04	15:14 1:12	18:10 2:56	18:33 0:23	18:55 0:22
9	149	Pohl, Julie USOF	23:58	2:27 2:27	5:47 3:20	7:42 1:55	16:58 9:16	18:27 1:29	19:52 1:25	23:10 3:18	23:35 0:25	23:58 0:23
10	176	Goeres, Ursula CdeB	24:08	2:00 2:00	6:32 4:32	8:04 1:32	17:37 9:33	19:00 1:23	20:39 1:39	23:27 2:48	23:48 0:21	24:08 0:20
11	121	Edmunds, Marilyn EOOC	25:15	2:47 2:47	8:15 5:28	9:58 1:43	17:11 7:13	18:44 1:33	20:21 1:37	24:15 3:54	24:44 0:29	25:15 0:31

W65-74 (8)				1.5 km 35 m 8 C								F
				1(103)	2(127)	3(121)	4(122)	5(120)	6(115)	7(119)	8(100)	
1	252	Vyse, Frances Sage	18:15	2:02 2:02	4:25 2:23	6:50 2:25	12:06 5:16	13:13 1:07	15:00 1:47	17:34 2:34	17:54 0:20	18:15 0:21
2	155	Faulkner, Trish Peninsula	19:18	1:43 1:43	4:15 2:32	5:49 1:34	14:24 8:35	15:14 0:50	16:29 1:15	18:36 2:07	18:56 0:20	19:18 0:22
3	259	Rankin, Gloria Ottawa OC	19:47	1:49 1:49	4:21 2:32	6:07 1:46	13:12 7:05	14:22 1:10	15:53 1:31	19:07 3:14	19:28 0:21	19:47 0:19
4	128	Hocking, Diana VICO	20:04	2:34 2:34	5:24 2:50	6:46 1:22	12:21 5:35	13:35 1:14	16:32 2:57	19:20 2:48	19:42 0:22	20:04 0:22
5	111	Guttormson, Lorna Ottawa OC	21:38	2:30 2:30	6:57 4:27	8:18 1:21	14:11 5:53	15:51 1:40	18:04 2:13	20:50 2:46	21:16 0:26	21:38 0:22
6	204	McBee, Jill CROC	25:08	3:04 3:04	6:25 3:21	8:09 1:44	15:54 7:45	17:35 1:41	19:48 2:13	24:16 4:28	24:42 0:26	25:08 0:26
7	188	Davies, Robyn Peninsula	26:11	3:51 3:51	7:39 3:48	9:15 1:36	17:36 8:21	19:06 1:30	21:05 1:59	25:10 4:05	25:39 0:29	26:11 0:32

Pl	Stno	Name	Time														
W65-74 (8)			1.5 km 35 m 8 C		<i>(cont.)</i>												
			1(103)	2(127)	3(121)	4(122)	5(120)	6(115)	7(119)	8(100)	F						
8	143	James, Margaret Halifax Hu	31:32	5:30 5:30	9:06 3:36	12:32 3:26	21:51 9:19	23:54 2:03	26:11 2:17	30:31 4:20	31:04 0:33	31:32 0:28					
W75-79 (4)			1.5 km 35 m 8 C														
			1(103)	2(127)	3(121)	4(122)	5(120)	6(115)	7(119)	8(100)	F						
1	119	Bailey, Gillian VICO	23:18	2:43 2:43	6:00 3:17	8:01 2:01	15:31 7:30	16:56 1:25	18:27 1:31	22:21 3:54	22:47 0:26	23:18 0:31					
2	117	Woof, Caryl Esk Valley	24:10	4:23 4:23	7:32 3:09	9:28 1:56	16:38 7:10	18:06 1:28	19:47 1:41	23:20 3:33	23:45 0:25	24:10 0:25					
3	137	Leduc, Nesta YOA	30:16	2:30 2:30	9:52 7:22	11:56 2:04	21:31 9:35	23:55 2:24	25:48 1:53	29:24 3:36	29:50 0:26	30:16 0:26					
4	229	MacNaughton, Jean FWOC	42:47	3:59 3:59	8:58 4:59	16:11 7:13	27:52 11:41	30:38 2:46	34:27 3:49	41:15 6:48	42:02 0:47	42:47 0:45					
Open M1 (2)			1.7 km 35 m 13 C														
			1(110)	2(112)	3(108)	4(124)	5(107)	6(113)	7(118)	8(115)	9(104)	10(111)	11(125)	12(109)	13(100)	F	
1	297	May, Trond Sage	16:15	1:09 1:09	2:05 0:56	3:11 1:06	4:21 1:10	5:40 1:19	7:16 1:36	8:31 1:15	9:25 0:54	10:28 1:03	11:25 0:57	14:35 3:10	15:18 0:43	15:58 0:40	16:15 0:17
2	337	Latham, Marshal YOA	29:06	1:35 1:35	3:13 1:38	4:53 1:40	7:08 2:15	8:58 1:50	11:25 2:27	13:43 2:18	15:11 1:28	17:34 2:23	19:38 2:04	24:25 4:47	26:05 1:40	28:03 1:58	29:06 1:03
Open M2 (1)			1.5 km 35 m 8 C														
			1(103)	2(127)	3(121)	4(122)	5(120)	6(115)	7(119)	8(100)	F						
	129	Hocking, Martin VICO	mp	16:28 16:28	21:13 4:45	30:30 9:17	-----	-----	-----	50:01 19:31	-----	50:49 0:48					
Open M3 (3)			2.0 km 35 m 10 C														
			1(114)	2(127)	3(121)	4(122)	5(120)	6(123)	7(102)	8(101)	9(119)	10(100)	F				
1	213	Frenette, Kevin COF	23:38	1:34 1:34	3:47 2:13	5:24 1:37	11:32 6:08	13:10 1:38	14:48 1:38	16:26 1:38	22:03 5:37	23:02 0:59	23:20 0:18	23:38 0:18			
2	267	Woods, Stan GVOC	23:51	4:48 4:48	5:59 1:11	10:15 4:16	14:38 4:23	15:48 1:10	17:35 1:47	19:03 1:28	22:48 3:45	23:18 0:30	23:51 0:17	23:51 0:16			
3	364	Svoboda, Michael YOA	27:22	2:10 2:10	5:13 3:03	6:29 1:16	11:49 5:20	12:53 1:04	15:44 2:51	18:21 2:37	25:55 7:34	26:37 0:42	27:03 0:26	27:22 0:19			
Open W2 (5)			1.5 km 35 m 8 C														
			1(103)	2(127)	3(121)	4(122)	5(120)	6(115)	7(119)	8(100)	F						
1	287	Bayly, Andrea FWOC	19:41	1:32 1:32	4:49 3:17	7:45 2:56	13:15 5:30	14:16 1:01	16:01 1:45	19:03 3:02	19:24 0:21	19:41 0:17					
2	339	Sadurskis, Aija Centrum OK	25:18	5:58 5:58	8:51 2:53	10:35 1:44	16:42 6:07	18:29 1:47	20:21 1:52	24:28 4:07	24:54 0:26	25:18 0:24					
3	108	Graupner, Pat CdeB	32:40	3:11 3:11	7:16 4:05	10:07 2:51	21:54 11:47	23:07 1:13	26:14 3:07	31:24 5:10	32:06 0:42	32:40 0:34					
4	220	Nelson, Doris CdeB	35:27	7:54 7:54	10:44 2:50	12:27 1:43	23:47 11:20	25:04 1:17	28:02 2:58	34:42 6:40	35:02 0:20	35:27 0:25	35:04 *100				
5	286	Cowling, Anne FWOC	38:17	4:41 4:41	15:57 11:16	18:53 2:56	28:43 9:50	30:34 1:51	32:59 2:25	37:23 4:24	37:51 0:28	38:17 0:26					
Open W3 (6)			2.0 km 35 m 10 C														
			1(114)	2(127)	3(121)	4(122)	5(120)	6(123)	7(102)	8(101)	9(119)	10(100)	F				
1	268	Woods, Joanne GVOC	17:40	1:21 1:21	2:51 1:30	4:47 1:56	9:33 4:46	10:23 0:50	11:39 1:16	13:00 1:21	16:39 3:39	17:06 0:27	17:24 0:18	17:40 0:16			
2	171	Kuestner, Sue COC	20:59	1:20 1:20	3:07 1:47	6:01 2:54	11:49 5:48	12:55 1:06	14:38 1:43	15:55 1:17	19:48 3:53	20:18 0:30	20:41 0:23	20:59 0:18			
3	247	Krsakova, Veronika Hana O	22:44	1:09 1:09	2:49 1:40	5:58 3:09	12:28 6:30	13:34 1:06	15:08 1:34	16:24 1:16	21:22 4:58	22:02 0:40	22:24 0:22	22:44 0:20			
4	212	Penner, Dorothy COF	24:47	1:48 1:48	4:14 2:26	5:38 1:24	12:16 6:38	13:33 1:17	15:50 2:17	17:31 1:41	23:14 5:43	23:57 0:43	24:27 0:30	24:47 0:20			

Pl	Stno	Name	Time											
Open W3 (6)			2.0 km			35 m			10 C					
			<i>(cont.)</i>											
			1(114)	2(127)	3(121)	4(122)	5(120)	6(123)	7(102)	8(101)	9(119)	10(100)	F	
5	314	Hendrigan, Holly	37:18	6:14	9:44	14:26	24:15	25:22	27:57	30:07	35:44	36:26	36:53	37:18
		GVOC		6:14	3:30	4:42	9:49	1:07	2:35	2:10	5:37	0:42	0:27	0:25
6	163	Strat, Trish	43:05	2:38	5:57	9:52	20:54	23:01	27:00	30:12	40:25	41:27	42:15	43:05
		QOC		2:38	3:19	3:55	11:02	2:07	3:59	3:12	10:13	1:02	0:48	0:50