

| Pl | Stno | Name | YB | Club | Nat | Time | Diff. |
|--------------------|------|-------------------------|--------------------------|------------|-----|---------|-------|
| M12 (8) | | | 1.8 km 65 m 11 C | | | | |
| 1 | 115 | Svoboda, Michael | 99 | FWOC | CAN | 11:34 | 0:00 |
| 2 | 265 | Heron, Andrew | 00 | ONB-Fundy | CAN | 13:27 | 1:53 |
| 3 | 225 | Martino, Kyle | 99 | FWOC | CAN | 14:41 | 3:07 |
| 4 | 116 | Svoboda, David | 00 | FWOC | CAN | 14:57 | 3:23 |
| 5 | 226 | Martino, Tyson | 01 | FWOC | CAN | 15:57 | 4:23 |
| 6 | 158 | Mlynczyk, Anton | 02 | Ukr OC | CAN | 17:07 | 5:33 |
| 7 | 337 | Latham, Marshal | 04 | YOA | CAN | 48:34 | 37:00 |
| | 159 | Mlynczyk, Teodor | 99 | Ukr OC | CAN | mp | |
| M13-14 (3) | | | 1.9 km 75 m 10 C | | | | |
| 1 | 140 | McLean, Caelan | 97 | YOA | CAN | 15:35 | 0:00 |
| 2 | 313 | Rascher, Terrence | 97 | GVOC | CAN | 19:32 | 3:57 |
| 3 | 103 | Blake, Leif | 99 | YOA | CAN | 21:35 | 6:00 |
| M15-16 (3) | | | 2.3 km 85 m 11 C | | | | |
| 1 | 346 | McMillan, Roan | 97 | GVOC | CAN | 29:22 | 0:00 |
| 2 | 219 | Nelson, Reid | 96 | CdeB | CAN | 35:26 | 6:04 |
| 3 | 164 | Kemp, Ian | 98 | Ottawa OC | CAN | 38:58 | 9:36 |
| M17-20 (6) | | | 4.2 km 190 m 18 C | | | | |
| 1 | 172 | Ereaux, Graham | 91 | ONB Falcon | CAN | 31:02 | 0:00 |
| 2 | 169 | Hawkings, Lee | 91 | YOA | CAN | 31:11 | 0:09 |
| 3 | 233 | Rennie, Graeme | 91 | GVOC | CAN | 35:02 | 4:00 |
| 4 | 142 | Bray, Trevor | 95 | YOA | CAN | 36:29 | 5:27 |
| 5 | 266 | Woods, Adam | 94 | GVOC | CAN | 38:59 | 7:57 |
| 6 | 292 | Teutsch, Alex | 92 | Ottawa OC | CAN | 45:39 | 14:37 |
| M21-34 (24) | | | 4.6 km 215 m 19 C | | | | |
| 1 | 230 | Goeres, Patrick | 85 | CdeB | CAN | 30:03 | 0:00 |
| 2 | 258 | Anderson, Robbie | 88 | Ottawa OC | CAN | 30:42 | 0:39 |
| 3 | 161 | Kemp, Eric | 89 | Ottawa OC | CAN | 30:53 | 0:50 |
| 4 | 318 | Critchley, Will | 84 | EOOC | CAN | 32:24 | 2:21 |
| 5 | 295 | May, Brian | 71 | Sage | CAN | 32:51 | 2:48 |
| 6 | 263 | Torrance, Jon | 71 | Ottawa OC | CAN | 33:35 | 3:32 |
| 7 | 134 | Johansson, Magnus | 73 | GVOC | CAN | 33:53 | 3:50 |
| 8 | 253 | Konotopetz, Damian | 90 | CdeB | CAN | 34:42 | 4:39 |
| 9 | 131 | Saile, Patrick | 79 | GHO | CAN | 35:05 | 5:02 |
| 10 | 246 | Janecek, Oldrich | 82 | Hana O | CZE | 35:33 | 5:30 |
| 11 | 288 | Teutsch, Jeffrey | 89 | Ottawa OC | CAN | 35:59 | 5:56 |
| 12 | 106 | Graupner, Steven | 88 | CdeB | CAN | 36:28 | 6:25 |
| 13 | 342 | Pearson, Forest | 73 | YOA | CAN | 37:52 | 7:49 |
| 14 | 123 | Oeschger, Severin | 82 | O Kölliken | CH | 38:09 | 8:06 |
| 15 | 305 | Moore, Ian | 72 | ARCT | USA | 42:53 | 12:50 |
| 16 | 261 | Walker, Greg | 81 | CSU | USA | 43:18 | 13:15 |
| 17 | 165 | Kemp, Randy | 62 | Ottawa OC | CAN | 46:21 | 16:18 |
| 18 | 316 | Nipen-Barrie, Troy | 84 | GVOC | CAN | 52:40 | 22:37 |
| 19 | 156 | Graupner, Thomas | 87 | CdeB | CAN | 56:41 | 26:38 |
| 20 | 317 | Barrett, Nathan Detroit | 81 | GVOC | CAN | 1:14:09 | 44:06 |
| | 166 | Langbakk, Brent | 72 | YOA | CAN | dns | |

| PI | Stno | Name | YB | Club | Nat | Time | Diff. |
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| M21-34 (24) | | | 4.6 km 215 m 19 C | | <i>(cont.)</i> | | |
| | 170 | Murray, Nansen | 90 | YOA | CAN | dns | |
| | 270 | Kupriiets, Anton | 85 | UOF | UKR | dns | |
| | 272 | Seniv, Andrii | 79 | UOF | UKR | dns | |
| M35-44 (8) | | | 4.2 km 190 m 18 C | | | | |
| | 1 | 209 Waddington, Mike | 67 | GHO | CAN | 34:13 | 0:00 |
| | 2 | 157 Mlynczyk, Eugene | 66 | Ukr OC | CAN | 37:33 | 3:20 |
| | 3 | 160 Zissos, Adrian | 58 | FWOC | CAN | 40:38 | 6:25 |
| | 4 | 178 Kelly, Ryan | 73 | YOA | CAN | 51:06 | 16:53 |
| | 5 | 122 Sigvaldason, Chris | 70 | EOOC | CAN | 57:54 | 23:41 |
| | 6 | 302 Chung, Raymond | 62 | TOC | CAN | 1:00:11 | 25:58 |
| | 7 | 260 Richardson, James | 73 | Ottawa OC | CAN | 1:12:10 | 37:57 |
| | 8 | 210 Atchison, Garry | 44 | EOOC | CAN | 1:33:58 | 59:45 |
| M45-54 (16) | | | 3.0 km 120 m 13 C | | | | |
| | 1 | 282 Sacher, Martin | 59 | Bussola OK | CH | 27:33 | 0:00 |
| | 2 | 189 Robert, Zdrahal | 57 | Hana O | CZE | 30:07 | 2:34 |
| | 3 | 192 Karel, Krsak | 57 | Hana O | CZE | 36:16 | 8:43 |
| | 4 | 345 McMillan, Mark | 62 | GVOC | CAN | 36:46 | 9:13 |
| | 5 | 293 Larsson, Svante | 57 | OK Vargen | SWE | 37:58 | 10:25 |
| | 6 | 312 Rascher, Michael | 65 | GVOC | CAN | 39:02 | 11:29 |
| | 7 | 228 Williams, Kean | 58 | Cascade OC | USA | 42:15 | 14:42 |
| | 8 | 218 Nelson, Vern | 61 | CdeB | CAN | 42:31 | 14:58 |
| | 9 | 107 Graupner, Dave | 59 | CdeB | CAN | 42:36 | 15:03 |
| | 10 | 114 Svoboda, Robert | 65 | FWOC | CAN | 43:30 | 15:57 |
| | 11 | 242 Kulich, Jaroslav | 63 | Hana O | CZE | 44:42 | 17:09 |
| | 12 | 126 Berting, Patrick | 62 | N/A | CAN | 49:04 | 21:31 |
| | 13 | 245 Gregor, Vladimir | 61 | Hana O | CZE | 49:21 | 21:48 |
| | 14 | 264 Heron, Steve | 66 | ONB-Fundy | CAN | 59:45 | 32:12 |
| | 15 | 141 Fisher, Gar | 59 | GVOC | CAN | 1:02:59 | 35:26 |
| | 16 | 331 Gaule, Andrew | 63 | YOA | CAN | 1:16:59 | 49:26 |
| M55-64 (26) | | | 3.0 km 120 m 13 C | | | | |
| | 1 | 120 Edmunds, Geraint | 47 | EOOC | CAN | 29:16 | 0:00 |
| | 2 | 256 Forrest, Kimball | 54 | ARCT | USA | 32:25 | 3:09 |
| | 3 | 217 Gilchrist, Robert | 52 | EOOC | CAN | 33:16 | 4:00 |
| | 4 | 151 Breseman, Rick | 55 | Cascade OC | USA | 33:18 | 4:02 |
| | 5 | 232 Rennie, Bruce | 51 | GVOC | CAN | 33:46 | 4:30 |
| | 6 | 190 Tomas, Zdrahal | 53 | Hana O | CZE | 34:05 | 4:49 |
| | 7 | 162 Strat, Tom | 55 | QOC | USA | 35:44 | 6:28 |
| | 8 | 109 Hunter, Gord | 46 | Ottawa OC | CAN | 36:28 | 7:12 |
| | 9 | 311 Hawkings, Jim | 54 | YOA | CAN | 38:04 | 8:48 |
| | 10 | 240 Merriam, Don | 55 | FWOC | CAN | 40:41 | 11:25 |
| | 11 | 285 Bayly, Don | 52 | FWOC | CAN | 41:05 | 11:49 |
| | 12 | 181 Rance, John | 47 | GVOC | CAN | 41:34 | 12:18 |
| | 13 | 243 Hrouza, Jan | 54 | Hana O | CZE | 42:12 | 12:56 |
| | 14 | 146 Webster, Jim | 50 | KOC | CAN | 42:59 | 13:43 |
| | 15 | 322 Riddle, Don | 55 | SZOC | CAN | 45:53 | 16:37 |
| | 16 | 254 Konotopetz, Larry | 49 | CdeB | CAN | 48:33 | 19:17 |
| | 17 | 291 Teutsch, Eric | 55 | Ottawa OC | CAN | 51:21 | 22:05 |
| | 18 | 186 McLean, Bruce | 55 | YOA | CAN | 51:51 | 22:35 |

| Pl | Stno | Name | YB | Club | Nat | Time | Diff. |
|--------------------|------|--------------------------|----|------------|----------------|---------|-------|
| M55-64 (26) | | 3.0 km 120 m 13 C | | | <i>(cont.)</i> | | |
| 19 | 132 | Sidders, Ian | 54 | GHO | CAN | 54:37 | 25:21 |
| 20 | 191 | Roman, Jelinek | 55 | Hana O | CZE | 55:30 | 26:14 |
| 21 | 177 | Goeres, Michael | 54 | CdeB | CAN | 1:02:47 | 33:31 |
| 22 | 148 | Rogers, David | 49 | USOF | USA | 1:11:42 | 42:26 |
| 23 | 180 | Connors, Patrick | 51 | CdeB | CAN | 1:24:08 | 54:52 |
| | 135 | Birnie, Glenn | 54 | GHO | CAN | dns | |
| | 271 | Roik, Grygorii | 54 | UOF | UKR | dns | |
| | 349 | Abbott, Grant | 48 | YOA | CAN | dns | |
| M65-74 (10) | | 2.5 km 110 m 11 C | | | | | |
| 1 | 223 | Ellis, Brian | 44 | GVOC | CAN | 29:23 | 0:00 |
| 2 | 125 | Yarkie, Greg | 46 | EOOC | CAN | 32:44 | 3:21 |
| 3 | 354 | Viddal, Einar | 40 | EOOC | CAN | 37:00 | 7:37 |
| 4 | 201 | Waddington, Jim | 41 | GHO | CAN | 40:17 | 10:54 |
| 5 | 187 | Davies, John | 40 | Peninsula | NZ | 41:20 | 11:57 |
| 6 | 251 | Vyse, Alan | 42 | Sage | CAN | 49:43 | 20:20 |
| 7 | 147 | Veler, Fred | 42 | SAMM | USA | 58:19 | 28:56 |
| 8 | 203 | McBee, Rick | 44 | CROC | USA | 1:00:45 | 31:22 |
| | 110 | Guttormson, Richard | 43 | Ottawa OC | CAN | mp | |
| | 257 | Anderson, Bill | 44 | Ottawa OC | CAN | dns | |
| M75-79 (2) | | 2.0 km 70 m 8 C | | | | | |
| 1 | 249 | Kerr, Alex | 35 | GVOC | CAN | 29:45 | 0:00 |
| 2 | 118 | Bailey, Leigh | 35 | VICO | CAN | 35:40 | 5:55 |
| M80 (1) | | 1.8 km 70 m 9 C | | | | | |
| 1 | 283 | Scott, Don | 28 | EOOC | CAN | 57:48 | 0:00 |
| W12 (2) | | 1.8 km 65 m 11 C | | | | | |
| 1 | 296 | May, Rachel | 99 | Sage | CAN | 14:07 | 0:00 |
| | 344 | Shier, Hannah | 99 | YOA | CAN | mp | |
| W15-16 (4) | | 2.3 km 85 m 11 C | | | | | |
| 1 | 104 | Blake, Pia | 96 | YOA | CAN | 24:19 | 0:00 |
| 2 | 207 | Waddington, Emma | 98 | GHO | CAN | 47:34 | 23:15 |
| 3 | 215 | Sepandj, Darya | 97 | FWOC | CAN | 49:32 | 25:13 |
| 4 | 179 | Stephen, Alix | 97 | FWOC | CAN | 54:55 | 30:36 |
| W17-20 (7) | | 3.2 km 115 m 15 C | | | | | |
| 1 | 167 | Murray, Kendra | 93 | YOA | CAN | 28:41 | 0:00 |
| 2 | 198 | Ross, Emily | 92 | ONB Falcon | CAN | 35:25 | 6:44 |
| 3 | 139 | Burnett, Kerstin | 92 | YOA | CAN | 35:33 | 6:52 |
| 4 | 290 | Teutsch, Laura | 94 | Ottawa OC | CAN | 40:00 | 11:19 |
| 5 | 248 | Krsakova, Marie | 91 | Hana O | CZE | 49:44 | 21:03 |
| 6 | 281 | Sacher, Olivia | 92 | Bussola OK | CH | 1:27:25 | 58:44 |
| | 206 | Mackeigan, Jennifer | 93 | YOA | CAN | mp | |

| Pl | Stno | Name | YB | Club | Nat | Time | Diff. |
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| W21-34 (9) | | | 4.2 km 190 m 18 C | | | | |
| 1 | 200 | Ross, Carol | 88 | ONB | CAN | 34:17 | 0:00 |
| 2 | 185 | Scheck, Katherine | 84 | YOA | CAN | 38:47 | 4:30 |
| 3 | 319 | Critchley, Claire | 81 | EOOC | CAN | 40:31 | 6:14 |
| 4 | 294 | May, Abigail | 71 | Sage | CAN | 46:49 | 12:32 |
| 5 | 227 | Oram, Louise | 84 | GVOC | CAN | 47:21 | 13:04 |
| 6 | 133 | Balakova, Andrea | 77 | GVOC | CAN | 48:04 | 13:47 |
| 7 | 196 | Brandreth, Sarah | 85 | FWOC | CAN | 48:23 | 14:06 |
| 8 | 124 | Joggi, Marianne | 84 | O Kölliken | CH | 49:21 | 15:04 |
| 9 | 199 | Rance, Meghan | 85 | GVOC | CAN | 51:45 | 17:28 |
| W35-44 (3) | | | 3.2 km 115 m 15 C | | | | |
| 1 | 173 | McNeil, Philippa | 72 | YOA | CAN | 35:03 | 0:00 |
| 2 | 236 | MacNaughton, Charlotte | 67 | FWOC | CAN | 39:48 | 4:45 |
| 3 | 304 | Jolliff, Jennifer | 70 | ARCT | USA | 40:08 | 5:05 |
| W45-54 (14) | | | 2.5 km 110 m 11 C | | | | |
| 1 | 197 | Rowlands, Jane | 56 | FWOC | CAN | 30:52 | 0:00 |
| 2 | 214 | Robert, Magali | 64 | FWOC | CAN | 31:28 | 0:36 |
| 3 | 216 | Pearson, Angela | 55 | EOOC | CAN | 35:59 | 5:07 |
| 4 | 289 | Teutsch, Anne | 58 | Ottawa OC | CAN | 36:09 | 5:17 |
| 5 | 224 | Martino, Karen | 63 | FWOC | CAN | 36:45 | 5:53 |
| 6 | 184 | Owen, Marion | 53 | FWOC | CAN | 42:24 | 11:32 |
| 7 | 105 | Schweiger, Sabine | 62 | YOA | CAN | 43:36 | 12:44 |
| 8 | 150 | Breseman, Eileen | 60 | Cascade OC | USA | 46:51 | 15:59 |
| 9 | 244 | Hrouzova, Jirina | 61 | Hana O | CZE | 48:14 | 17:22 |
| 10 | 193 | Regina, Jezkova | 63 | Hana O | CZE | 52:04 | 21:12 |
| 11 | 350 | Nixon, Wendy | 58 | YOA | CAN | 1:00:47 | 29:55 |
| 12 | 113 | Svoboda, Lenka | 65 | FWOC | CAN | 1:03:41 | 32:49 |
| 13 | 144 | Pepper, Shelagh | 61 | STARS | CAN | 1:06:04 | 35:12 |
| 14 | 208 | Waddington, Starr | 66 | GHO | CAN | 1:29:37 | 58:45 |
| W55-64 (16) | | | 2.0 km 70 m 8 C | | | | |
| 1 | 168 | Mckenna, Karen | 55 | YOA | CAN | 21:33 | 0:00 |
| 2 | 327 | Brown, Ellyn | 52 | ARCT | USA | 22:48 | 1:15 |
| 3 | 183 | Jones, Kitty | 55 | FWOC | CAN | 25:43 | 4:10 |
| 4 | 205 | Anderson, Hilary | 52 | GVOC | CAN | 27:24 | 5:51 |
| 5 | 275 | Hearn, Penny | 52 | Sunshine C | AUS | 31:19 | 9:46 |
| 6 | 112 | Gamey, Muriel | 50 | Manitoba | CAN | 31:32 | 9:59 |
| 7 | 138 | van Hees, Violet | 56 | YOA | CAN | 31:35 | 10:02 |
| 8 | 315 | Cornish, Judy | 49 | EOOC | CAN | 31:43 | 10:10 |
| 9 | 284 | Hogg, Mary-Lou | 54 | EOOC | CAN | 32:12 | 10:39 |
| 10 | 145 | Deumer, Trudy | 56 | GHO | CAN | 32:30 | 10:57 |
| 11 | 182 | Lachance, Karen | 50 | GVOC | CAN | 36:44 | 15:11 |
| 12 | 121 | Edmunds, Marilyn | 47 | EOOC | CAN | 39:51 | 18:18 |
| 13 | 149 | Pohl, Julie | 51 | USOF | USA | 41:34 | 20:01 |
| 14 | 176 | Goeres, Ursula | 53 | CdeB | CAN | 43:49 | 22:16 |
| | 357 | Boyd-Larsson, Christine | 54 | OK Vargen | SWE | mp | |
| | 359 | Chartrand, Susan | 51 | Sage | CAN | mp | |

| Pl | Stno | Name | YB | Club | Nat | Time | Diff. |
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| W65-74 (10) | | | 2.0 km 70 m 8 C | | | | |
| 1 | 222 | Ellis, Margaret | 46 | GVOC | CAN | 26:13 | 0:00 |
| 2 | 155 | Faulkner, Trish | 42 | Peninsula | NZ | 28:23 | 2:10 |
| 3 | 128 | Hocking, Diana | 40 | VICO | CAN | 35:15 | 9:02 |
| 4 | 252 | Vyse, Frances | 43 | Sage | CAN | 40:58 | 14:45 |
| 5 | 259 | Rankin, Gloria | 46 | Ottawa OC | CAN | 51:00 | 24:47 |
| 6 | 188 | Davies, Robyn | 42 | Peninsula | NZ | 1:00:11 | 33:58 |
| 7 | 202 | Waddington, Sue | 42 | GHO | CAN | 1:06:39 | 40:26 |
| 8 | 204 | McBee, Jill | 45 | CROC | USA | 1:25:45 | 59:32 |
| 9 | 143 | James, Margaret | 39 | Halifax Hu | CAN | 1:29:56 | 1:03:43 |
| | 111 | Guttormson, Lorna | 44 | Ottawa OC | CAN | mp | |
| W75-79 (4) | | | 1.8 km 70 m 9 C | | | | |
| 1 | 119 | Bailey, Gillian | 36 | VICO | CAN | 39:17 | 0:00 |
| 2 | 137 | Leduc, Nesta | 33 | YOA | CAN | 44:57 | 5:40 |
| 3 | 117 | Woof, Caryl | 34 | Esk Valley | AUS | 45:03 | 5:46 |
| 4 | 229 | MacNaughton, Jean | 33 | FWOC | CAN | 1:49:15 | 1:09:58 |
| Open M1 (2) | | | 1.8 km 65 m 11 C | | | | |
| 1 | 297 | May, Trond | 03 | Sage | CAN | 18:39 | 0:00 |
| 2 | 273 | Sagar, Elias | 98 | YOA | CAN | 19:07 | 0:28 |
| Open M5 (1) | | | 2.0 km 70 m 8 C | | | | |
| | 129 | Hocking, Martin | 38 | VICO | CAN | mp | |
| Open M6 (1) | | | 2.5 km 110 m 11 C | | | | |
| | 213 | Frenette, Kevin | 71 | COF | CAN | mp | |
| Open M7 (3) | | | 3.0 km 120 m 13 C | | | | |
| 1 | 323 | Holcombe, Darren | 65 | YOA | CAN | 28:59 | 0:00 |
| 2 | 379 | Svoboda, Michael | 99 | YOA | CAN | 55:53 | 26:54 |
| | 267 | Woods, Stan | 57 | GVOC | CAN | dns | |
| Open W1 (1) | | | 1.8 km 65 m 11 C | | | | |
| 1 | 347 | McMillan, Tara | 99 | GVOC | CAN | 1:47:24 | 0:00 |
| Open W3 (8) | | | 2.3 km 85 m 11 C | | | | |
| 1 | 287 | Bayly, Andrea | 91 | FWOC | CAN | 49:02 | 0:00 |
| 2 | 220 | Nelson, Doris | 66 | CdeB | CAN | 1:04:55 | 15:53 |
| 3 | 163 | Strat, Trish | 57 | QOC | USA | 1:06:18 | 17:16 |
| 4 | 211 | Atchison, Cheryl | 50 | EOOC | CAN | 1:16:01 | 26:59 |
| 5 | 339 | Sadurskis, Aija | 51 | Centrum OK | SWE | 1:17:41 | 28:39 |
| 6 | 286 | Cowling, Anne | 56 | FWOC | CAN | 1:25:55 | 36:53 |
| | 108 | Graupner, Pat | 51 | CdeB | CAN | mp | |
| | 221 | Nelson, Jenna | 94 | CdeB | CAN | dns | |

| Pl | Stno | Name | YB | Club | Nat | Time | Diff. |
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| Open W4 (2) | | | 1.8 km 70 m 9 C | | | | |
| 1 | 314 | Hendrigan, Holly | 68 | GVOC | CAN | 35:23 | 0:00 |
| | 321 | Mackeigan, Linda | 61 | YOA | CAN | dns | |
| Open W6 (5) | | | 2.5 km 110 m 11 C | | | | |
| 1 | 268 | Woods, Joanne | 59 | GVOC | CAN | 41:32 | 0:00 |
| 2 | 247 | Krsakova, Veronika | 90 | Hana O | CZE | 44:56 | 3:24 |
| 3 | 171 | Kuestner, Sue | 59 | COC | USA | 57:23 | 15:51 |
| 4 | 324 | Melnik, Lara | 67 | YOA | CAN | 1:11:41 | 30:09 |
| 5 | 212 | Penner, Dorothy | 80 | COF | CAN | 1:14:07 | 32:35 |
| Group 2 (2) | | | 1.9 km 75 m 10 C | | | | |
| 1 | 255 | Sproule, Patrick | 60 | N/A | CAN | 46:18 | 0:00 |
| 2 | 329 | Family, Sennett | 99 | YOA | CAN | 55:25 | 9:07 |